## Psalm 121

## **Introduction Question**

What do we instinctively understand "help" to mean?

## **Discussion Questions**

To what extent does the presentation of "help" in Psalm 121 change our understanding of the concept?

As you look ahead to the future and eternity, what things do you fear will throw you off track and prevent you from entering the heavenly Jerusalem? How does Psalm 121 help to answer these fears?

To what extent is Psalm 121 an antidote to feeling discouraged, disheartened, and fatigued in our Christian journey?

How can Psalm 121 encourage us in our evangelism?

What one thing from Psalm 121 has encouraged you to continue your Christian journey with confidence?

## Psalm 69 - Talk Outline

Intro: From where does my help come?

That our help comes from the LORD should give Christians confidence because:

1. The LORD is our Creator

2. The LORD keeps His promises to His people

Conclusion