

Psalm 40

Introduction Question

How does the world train us to think about and deal with difficulties?

Discussion Questions

1. What do you find difficult about the Christian life? How might this Psalm encourage/comfort you?
2. What might you be tempted to turn to when faced with difficulties?
3. Why can we be confident amidst trials and spiritual challenges? What is the basis for this confidence?
4. What beneficial role could suffering play in the lives of Christians and those around them?
5. What can we do to prepare ourselves and others for difficult seasons of life?

Take some time to pray.

Talk Outline

God's deliverance & our response (v1-5)

Ongoing trust (v6-10)

Hope for the future (v11-17)