## Behold our God (4) Isaiah 40:27-31

**Question**: What tips / life hacks would your colleagues or friends give to prevent weariness/tiredness?

Context: The Israelites are on the verge of giving up on God….

**The Complaint (v27)**

**The Comeback (v28-31)**

* Remember who God is
  + Eternal
  + Creator
  + Unwearying
  + Limitless wisdom
* He promises to restore our strength

**So… Wait for the Lord! (v31)**

**Question for discussion:**

1. When are we most likely to feel weary and run-down in the Christian life? In what situations might we be tempted to feel like God has abandoned us?
2. How does this passage transform our view of God? What have we been most struck by?
3. Why is it such an encouragement for us to be reminded of God’s character, especially in times of difficulty?
4. Why are we tempted to rely on ourselves when navigating the day-to-day struggles in life? How does this passage help us see the futility of that approach?
5. What would it look like for us to actively ‘wait for the Lord’?
6. How does this passage encourage us to hold onto the promises of God all the more tightly?
7. If you could remind yourself of one thing from these verses tomorrow morning, what would it be?